

# Incredible **Pizza** ALLERGEN CHART

## DESSERTS

RECIPES	DAIRY	EGG	MSG	PEANUT	SOY	TREE NUTS	WHEAT
Bread Pudding	★	★			★		★
Brownies	*	★		*	★	*	★
Chocolate Pudding	★				★		
Cinnamon Rolls	★	★		*	★		★
Cobblers	★				★		★
Cookies	★	★			★		★
Cookies (Peanut Butter)	★			★	★		★
Cupcakes	★	★		*	★		★
Kettle Cookies	★			★	★		
Ice Cream	★				★		
Pudding	★				★		

## PASTA & POTATOES | HOT BUFFET

RECIPES	DAIRY	EGG	MSG	PEANUT	SOY	TREE NUTS	WHEAT
Alfredo Sauce	★				★		
Baked Potatoes	★				★		
Biscuits	★	*			★		★
Chicken (Legs)					★		
Chicken (Grilled & Taco)							
Chicken/Broccoli Alfredo	★				★		★
Chicken Tetrazinni	★				★		★
Chicken Pot Pie	★				★		★
Cilantro Lime Rice							
Corn	★				★		
Creamed Corn	★				★		★
Gravy			★		★		★
<b>CB</b> Green Beans	★				★		★
Grilled Sausage & Peppers					★		
Hot Dog							
Hot Dog Bun					★		★
Quesadillas	★				★		★

\* Cells with this symbol *may* contain the marked ingredient.

# PASTA & POTATOES | HOT BUFFET (CONTD.)

RECIPE	DAIRY	EGG	MSG	PEANUT	SOY	TREE NUTS	WHEAT
Lasagna	★				★		★
King Ranch Chicken	★				★		★
Mac and Cheese	★						★
Marinara (V)							
Potatoes (Mashed & Red)	★						
Mayonaisse		★			★		
<b>BB</b> Meat Sauce			★		★		★
Meatloaf	★	★					★
Nacho Cheese/Queso	★						
Nacho Cheese Chicken	★				★		★
<b>P</b> Pasta (All)							★
Pesto	★						
Pinto Beans					★		
Pico de Gallo							
Salsa Verde					★		★
Sliced Ham							
Sliced Turkey					★		★
Sour Cream	★						
Spanish Rice	★				★		★
Sweet Potato Casserole	★	★			★		
Taco Meat					★		
Taco Shell							
Tortilla (Soft)					★		★
Vegetable Quesadilla	★				★		★
Whipped Butter	★				★		

# PIZZA

CRUSTS	DAIRY	EGG	MSG	PEANUT	SOY	TREE NUTS	WHEAT
Original	★				★		★
Lavosh (Thin)	★				★		★
Pan	★	*			★		★
Gluten Free <i>Full Ingredient List on Page 7</i>							
<b>CHEESE</b>							
Parmesan/Mozz/Cheddar	★						
Vegan Cheese							
<b>SAUCES</b>							
Tomato Sauce							
Alfredo	★				★		
BBQ Sauce					★		
Buffalo Sauce	★				★		
Taco Sauce					★		
<b>TOPPINGS</b>							
Bacon							
Beef			★		★		
Bell Peppers							
Black Olive							
Canadian Bacon (Ham)							
Chicken	★						
Garlic Oil							
Jalapeno							
Mushroom							

# PIZZA (CONTD.)

TOPPINGS (CONTD.)	DAIRY	EGG	MSG	PEANUT	SOY	TREE NUTS	WHEAT
Onion							
Pepperoni							
Pesto Oil	★						
<b>P</b> Pineapple							
Pork Sausage			★		★		
Spinach							
Tomato							
<b>SPECIALTY TOPPINGS</b>							
Vegetarian							
Veggie Supreme							
BBQ Chicken					★		
Chicken Florentine	★				★		
Cheeseburger	★				★		
Greek	★						
Hawaiian							
Summer Harvest							
Supreme			★		★		
Taco	★				★		
Spinach Alfredo	★				★		
Margherita	★						
Mexacali Chicken					★		
Meat Lovers			★		★		
Mushroom Scallion							

# SALAD BAR & BREADSTICKS

DRESSINGS	DAIRY	EGG	MSG	PEANUT	SOY	TREE NUTS	WHEAT
Blue Cheese	★	★			★		
Caesar	★	★			★		
Honey Mustard					★		
Italian					★		
Fat Free Italian							
Ranch	★	★	★		★		
Thousand Island		★			★		
Ott's					★		
<b>BUFFET ITEMS</b>							
3 Bean Salad							
Bacon Bits					★		
Beets							
Black Olives							
Broccoli							
Carrots							
Celery							
Chocolate Pudding	★				★		
Cole Slaw		★			★		
Cottage Cheese	★						
Crackers					★		★
Croutons						*	★
Cucumber Onion Salad							
Diced Ham							
Eggs Chopped		★					
Fritos	★				★		
Garbanzo Beans							
Goldfish	★				★		★

# SALAD BAR & BREADSTICKS (CONTD.)

BUFFET ITEMS (CONTD.)	DAIRY	EGG	MSG	PEANUT	SOY	TREE NUTS	WHEAT
Green Bell Peppers							
Lettuce (Iceberg, Romaine & Blend)							
Jalapenos							
Macaroni Salad		★					★
Marshmallows							
Mayonnaise		★			★		
Mozarella	★						
Mushrooms							
Pasta Salad					★		★
Pea Salad	★	★			★		
Peaches (Canned)							
Pepperocini							
Pineapple (Canned)							
<b>P</b> Pesto Chicken Salad	★				★		★
Potato Salad		★			★		
Chocolate Pudding	★				★		
Red Onion							
Romaine Lettuce							
Shoestring Potatoes					★		
Spinach							
Sunflower Seeds				★		★	
Tomatoes							

# SOUP

RECIPES	DAIRY	EGG	MSG	PEANUT	SOY	TREE NUTS	WHEAT
Anaheim Chilli	★				★		★
Chicken Noodle Soup		★					★
<b>CB</b> Chicken Stew					★		★
<b>BB</b> Chilli			★		★		★
<b>CB</b> Corn Chowder	★				★		★
<b>CB</b> Cream of Broccoli	★				★		★
<b>BB</b> Vegetable Soup			★		★		★
<b>CB</b> Chicken and Rice					★		★
Creamy Tomato	★				★		★

## GLUTEN FREE CRUST INGREDIENTS

Rice flour, modified rice starch, potato starch, sugar, tapioca flour, potato flour, NGMO canola/olive oil blend, fresh yeast, salt, xanthan gum, calcium sulfate (for freshness).

★ Cells with this symbol *may* contain the marked ingredient.



**Items that contain our beef base contain wheat, MSG, and soy.** Those items have been marked as containing these ingredients on the chart. We have chosen to declare its inclusion for those who want to avoid beef based ingredients and to make it clear that some items that may not traditionally include wheat, soy and/or MSG contain those ingredients because of our beef base.



**Items that contain our chicken base contain wheat and soy.** Those items have been marked as containing these ingredients on the chart. We have chosen to declare its inclusion for those who want to avoid chicken based ingredients and to make it clear that some items that may not traditionally include wheat and/or soy contain those ingredients because of our chicken base.



**Our pesto does not contain tree nuts.**

## DISCLAIMER

Be aware that although we do our best to prevent cross contamination, we cannot guarantee 100% prevention. The range of tolerance or reactions to the presence of food allergens varies greatly from person to person. Decisions on the amount of precautions you should take or risks you may expose yourself to, are always best made by you in consultation with your physician.